**SEL - Sixth Grade**

**Vocabulary**
- Bullying
- Culture
- Diversity
- Ethical
- Healthy
- Interdependent
- Interpersonal
- Metacognition
- Motivate
- Peer Pressure
- Persist
- Precise
- Relationship
- Risk
- Society
- Stress
- Vulnerable

**Typical Skills**
- Practice reflective thinking
- Identify areas of school and life that are within their control
- Have awareness for where to go for support
- Evaluate the benefits of participating in extracurricular activities
- Recognize outside influences and discern whether those influences are supportive or non-supportive
- Apply goal-setting skills to promote academic success
- Analyze ways their behavior may affect the feelings of others

**Home Connections**
- Encourage your child to participate in school activities.
- Set clear expectations and stick to them.
- Talk through problems, logical consequences, and resolutions with your child.
- Engage in regular conversations with your child about their emotions, being careful not to tell them how they feel

**Eyes Open**
- Destructive behavior
- Withdrawal from family and friends
- Loss of interest in favorite activities
- Excessive worry

**Priority Standards**
- Identify strategies to manage stress
- Identify strategies to motivate successful performance.
- Set a short term goal.
- With support, make a plan for achieving the short-term goal.
- Identify effects of one's behavior on others.
- Evaluate strategies for preventing interpersonal problems.
- Identify strategies for resolving interpersonal problems.
- Identify strategies for resisting pressures to engage in unsafe activities.

**Links & Resources**
- Parent Toolkit
- CASEL: Tips for Parent
- Social and Emotional Learning: Strategies for Parents
- Technology at Home: Developing the Social Self

**SEL - Celebrating Students in 203**