

...TalkNNHS...



If you have any questions about any of the items below or other concerns, please contact Stephanie Posey, Principal, at sposey@naperville203.org or Jill Myatt, Administrative Assistant at jmyatt@naperville203.org. Follow NNHS Official on Twitter @NNHSpsey.

Good Morning Huskie Families,

Below are a few important reminders and the always informative Huskie Howler.

We hope that the weekly missing assignments report sent out of Friday's has been a helpful tool to partner with North and your students on grades and work completion skills. As an added layer of support to those students struggling with missing assignments, we will begin to mandate them to work with staff and peer tutors during lunch to complete missing assignments and practice organizational skills. Students and parents will be notified when referred for the lunch period intervention and will be required to report each day until work is completed. They will secure lunch and then report to a designated room for assistance.

Elyssa's Mission education, along with SOS screening, is part of the Naperville North High School culture and provides important social-emotional learning for all current Huskies. The SOS Screening, in particular, "teaches students how to identify signs of depression and suicide in themselves and their peers" (<https://elyssamission.org/sos-signs-of-suicide/>). Simply put, the Elyssa's Mission program trains school professionals to recognize at-risk students so that appropriate action can be taken. This action involves a collaborative effort between school and parents.

Over the last seven years, Naperville North High School has experienced five completed student suicides; but little known to our community is the hundreds of students that have planned or attempted a life-ending event, been hospitalized for mental health needs, and/or struggle daily without seeking much-needed assistance. Students often talk to their friends and beg them not to tell anyone about their at-risk behaviors: drinking and vaping, substance abuse, withdrawing from long-held interests, cutting, etc. These behaviors put students at risk of serious health issues or even death. Peers sworn to secrecy also find themselves in a tenuous situation that, without the tools that SOS offers them, leaves them guilt-ridden and unsure of what to do. Since implementing the SOS Screening, Naperville North has seen a positive increase in the number of students letting adults know when peers are struggling. Additionally, the

number of student hospitalizations has decreased overall. We attribute this to Elyssa's Mission training, whereby students are equipped with the knowledge, empathy, and skills to destigmatize mental health concerns and to seek help when needed.

Statistically, only 10-15% of our students will screen as being at risk for depression or suicide. Naturally, these students will be offered a variety of interventions by the high school. The screening process, however, provides 100% of our students, especially those who don't need support now, the tool kit to understand how to find help for themselves or for struggling peers.

Naperville North High School cares about its students as people, and we understand that adolescence can be bumpy at times. The skills taught through Elyssa's Mission - and the SOS Screenings - are skills that are fully-transferable to the college years and adulthood. We hope our families will partner with us in this important process.

We would like to make you aware of a trend on Tik Tok that students are participating in around the country. We have had a few incidents at NNHS and are asking for your help in curbing this inappropriate behavior. The link below will take you to an article describing the activities. When we identify offenders of this kind of vandalism at Naperville North, the consequences will be severe and may include suspension from school, restitution, and removal from extracurricular activities. It saddens me to think that any one of our students has so little pride in our school and each other that they would engage in this type of negligent behavior. I would appreciate support from our families in stopping participation in this Tik Tok event.

<https://www.edweek.org/leadership/devious-lick-tiktok-trend-creates-chaos-in-schools-nationwide/2021/09>

We will be reminding students who walk to school that there is a crosswalk that goes from the light at Ogden and Mill, through the parking lot, and into the building. For safety reasons, it is important that they take that route through the parking lot between the cars. Please remind your walkers of this too.

Sincerely,

Stephanie Posey

Check out this month's [Counselor Connection](#), with grade-level & college/career updates!

[Link to 2021-2022 NNHS Calendar](#)

PARENT INFORMATION: (Student Information is below):

SFCP - School, Family, and Community Partnership: Please join us at the first SFCP meeting on Tuesday, September 21st at 7pm. We will be presenting "What it Means to Be a Huskie". We hope you can join us virtually for this event. Here is the link to join the Zoom Meeting:

<https://naperville203.zoom.us/j/91427155911>

Meeting ID: 914 2715 5911

One tap mobile

+13126266799,,91427155911# US (Chicago)

+16468769923,,91427155911# US (New York)

Further questions? Reach out to Kathy Morrison at kathym.nnsfcp@gmail.com.

Canvas Information for Parents: All teachers have a canvas class online for students to access at home. Within this canvas page, your student can access the syllabus which outlines what assignments/tests/quizzes/papers/etc. will be due and when. Your student should be able to see and submit work while they are absent through the canvas page for each class. Meanwhile, if your student has specific questions about assignments or what is due in each class, they will need to reach out to her classroom teacher (either via canvas or email).

- Here is where your student can log into Canvas: <https://canvaslaunch.naperville203.org/canvaslaunch4.html>
- Here is where parents can log in (and create an account) to access canvas and see the material your student has for each course: <https://naperville.instructure.com/login/canvas>
- Here is a guide that can walk you through creating a parent account in canvas: [Canvas Parent Access Guide.pdf](#)
- If you have any technical difficulties, here are some helpful tips and resources: <https://www.naperville203.org/Page/7957>

Activities Updates: Do you want to receive Student Activities updates? Please join the appropriate REMIND Class to receive Student Activities Updates and have your student(s) join too. There are Student and Parent codes for each class. Click here to view the [Activities Update flyer](#).

Home & School Volunteer Opportunities: Are you looking to learn more about NNHS, be more involved, or make new friends? NNHS Home and School has many volunteer opportunities throughout the year, day or night! Complete the Volunteer Survey here tinyurl.com/NNHSHelpingHands to join our Willing Spirits Mailing List. You will be notified of upcoming volunteer opportunities and can participate if your schedule allows!

Parents of Seniors: It is time to order a Senior Baby Photo Ad for the yearbook! This is a once-in-a-lifetime opportunity to congratulate and commemorate your senior's success. Order by October 15 for the lowest price! Orders can be placed at www.theyearbookcompany.com using the NNHS phone number 630-420-6480 or by sending in the form found at <https://theyearbookcompany.com/files/general/21.pdf>

AP Testing: AP information and registration procedures are posted on the NNHS website and can be found here: <https://www.naperville203.org/Page/3594> . Please read all the information carefully.

NEW this year - Collegeboard will be assessing a \$40 late registration fee as well as a \$40 cancellation fee. If you have any questions or concerns, please feel free to call...Judy McCormack 630-420-2897, jmccomrack@naperville203.org or Brian LaPorte 630-548-4943, blaporte@naperville203.org

Booster Club Trivia Night: Save the date! (See attached flyer). The 2nd Annual Booster Club Trivia Night will be held on Saturday, November 13th, at Cress Creek Country Club.

Aramark: Free lunch for all students will run throughout the course of the year regardless of lunch status. See attached flyer for details.

Free ECG Screening: October 28, 2021

REGISTER your student now for this FREE screening by visiting [Young Hearts for Life](#). Scroll to the bottom and click "I am giving permission for my child." You will then be taken to a page that allows you to complete the registration process. All testing occurs during your student's PE or Health Class time.

Each week, sudden cardiac death claims the lives of more than 60 young adults in the United States. Early identification is key to saving lives. A sports physical will only detect 4% of students at risk for Sudden Cardiac Death (SCD). An ECG can detect 70% of students at risk.

Naperville North High School is partnering with The Young Hearts for Life (YH4L) Cardiac Screening Program, a not for profit organization, to offer electrocardiograms (ECGs) to our students on Thursday, October 28, 2021. This painless, non-invasive screening is FREE to students thanks to the generosity of Edward-Elmhurst Health. In March 2020, 11 abnormal ECGs were detected, and 1,920 NNHS students were screened.

HELP NEEDED: Help save a life! We rely on approximately 120 volunteers to make this event a success. Volunteers do not need to have medical experience. Unless recently trained, volunteers are required to attend a brief training program during the evening on Wednesday, October 27th at NNHS.

To VOLUNTEER: Visit <https://signup.com/go/jNMsqxO>. This link will take you directly to the Naperville North volunteer sign up page. Please choose a training slot on Wednesday evening and sign up for a shift on Thursday.

STUDENT INFORMATION:

Senior Pictures: Attention seniors. Tuesday, September 28th, is your LAST CHANCE to have your Senior Picture taken for the yearbook or have your yearbook photo retaken. Photos will be taken in Room 108 from 7:45am - 3:10pm. No appointment necessary. [Click here](#) to view the flyer.

Illinois Seal of Biliteracy Information: The State Seal of Biliteracy is a recognition given to graduating high school students who have demonstrated a high level of proficiency in English and in reading, writing, listening and speaking in another language. Students who are interested in learning more about the Seal of Biliteracy should attend an informational meeting on Tuesday, September 21 in Room 184 at either 7:15 a.m. or 3:15 p.m. Please fill out the registration form if you plan to attend the meeting:

https://docs.google.com/forms/d/e/1FAIpQLSfN40JhDlka4y7BssBGogcNQiDDv9Qyqw8pkmmNI_orl8i0wA/viewform?usp=sf_link

More information about the Seal of Biliteracy can be found in this document:

<https://www.naperville203.org/cms/lib/IL01904881/Centricity/Domain/275/BiliteracyAndCommendationTowardBiliteracyRequirements.pdf>

Peer Tutoring: Peer tutoring is now open for business. Students can stop by the Lit Center (Room 256) during their lunch period, no appointment needed, for homework help, test preparation, or to work on specific skills. Our tutors are here to help!