



SEL - Seventh Grade

Vocabulary

ethical
 interpersonal
 persist
 risk
 healthy
 metacognition
 pressure
 self-management
 influence
 motivate
 prevent
 vulnerable
 interdependent
 peer pressure
 resist

Typical Skills

- Provide support and encouragement to others in need
- Show respect for others perspective
- Distinguish between positive and negative peer pressure
- Involve themselves in positive activities with peers
- Identify and apply the steps of systematic decision-making
- Define their responsibility for the outcomes involved in safe, risky, and harmful behaviors

Home Connections

- Encourage your child to participate in school activities
- Set clear expectations and stick to them
- Talk through problems, logical consequences, and resolution with your child
- Engage in regular conversations with your child about their emotions, being careful not to tell them how they feel

Eyes Open

- Destructive behavior
- withdrawal from family and friends
- Change in behavior
- Loss of interest in school
- Comments or writings that suggest romanticizing death

Links & Resources

- [Parent Toolkit](#)
- [CASEL: Tips for Parent](#)
- [Social and Emotional Learning: Strategies for Parents](#)
- [Online Pressures and Unhappy Children](#)

Priority Standards

Identify and begin to analyze Personal factors that create stress.

Identify and begin to analyze personal factors that motivate successful performance.

With support, analyze why one achieved or did not achieve a goal.

Demonstrate cooperation and teamwork to promote group effectiveness.

With support, identify and describe one's contribution in groups as a member and leader.

With support, evaluate and apply strategies for resisting pressures to engage in unsafe or unethical activities.



SEL-CELEBRATING STUDENTS IN