



SEL - Sixth Grade

Vocabulary

- Bullying
- Culture
- Diversity
- Ethical
- Healthy
- Interdependent
- Interpersonal
- Metacognition
- Motivate
- Peer Pressure
- Persist
- Precise
- Relationship
- Risk
- Society
- Stress
- Vulnerable

Typical Skills

- Practice reflective thinking
- Identify areas of school and life that are within their control
- Have awareness for where to go for support
- Evaluate the benefits of participating in extracurricular activities
- Recognize outside influences and discern whether those influences are supportive or non-supportive
- Apply goal-setting skills to promote academic success
- Analyze ways their behavior may affect the feelings of others

Home Connections

- Encourage your child to participate in school activities.
- Set clear expectations and stick to them.
- Talk through problems, logical consequences, and resolutions with your child.
- Engage in regular conversations with your child about their emotions, being careful not to tell them how they feel

Eyes Open

- Destructive behavior
- withdrawal from family and friends
- Loss of interest in favorite activities
- Excessive worry

Links & Resources

- [Parent Toolkit](#)
- [CASEL: Tips for Parent](#)
- [Social and Emotional Learning: Strategies for Parents](#)
- [Technology at Home: Developing the Social Self](#)

Priority Standards

Identify strategies to manage stress.

Identify strategies to motivate successful performance.

Set a short term goal.

With support, make a plan for achieving the short-term goal.

Identify effects of one's behavior on others.

Evaluate strategies for preventing interpersonal problems.

Identify strategies for resolving interpersonal problems.

Identify strategies for resisting pressures to engage in unsafe activities.

