Adopt Alive!

Be the change that you wish to see in the world by helping us to empower our local youth!

What is the Alive Center?

The Alive Center is a one of a kind teen center in Naperville, Illinois. We are a nonprofit organization so that the majority of our programs are free for the underserved.

The Alive Center provides unique programming for local students to come together to learn, create, and socialize in a welcoming, safe, and supervised environment. During the critical hours after school and over summer vacation, our program provides teens with free tutoring, mentoring, classes and workshops on a variety of topics such as:

- leadership,
- career development,
- healthy cooking,
- art and music, drug prevention and awareness,
- anti-bullying and cyber safety information,
- community service projects,
- STEM, media, and more....

What is the Adopt Alive program?

The Adopt Alive program is for organizations that are looking to give back and strengthen their community. Your organization adopts the Alive Center for an entire month helping us out by supplying our kids with snacks and other items.

- Minimum Commitment: Your organization would be responsible for buying snacks for an entire month (see snack list on the next page)
- Go the Extra Mile:
  - Take a collection during your service(s), or sponsor a donation drive
  - Buy pizza or sub sandwiches for 50 kids for one drop-in day
  - Provide Pizza or Subway gift cards
  - Grocery store gift cards
  - Amazon gift cards for supplies
  - Run a workshop for our teens on a particular topic
- The Sky’s the limit... Donate items on our website: http://www.alivenaperville.com/donate

500 W. Fifth Avenue, Naperville, IL 60563 | www.alivenaperville.com
What do you get in return?

Smiles, friendships, happiness and mostly... more empowered kids! We will share your support via our newsletter and social media as well as a sign up at Alive for the entire month.

How do you sign-up?

Elisa Henley is our program administrator. Email her to arrange which month is best for both organizations. She can be reached at Alive Monday – Friday at 630.778.6093 or at Elisa@alivenaperville.com.

What snacks are preferred? We feed snacks to about 40 kids a day!

<table>
<thead>
<tr>
<th>Proteins</th>
<th>Healthy Snacks</th>
<th>Extras</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Lunch meat</td>
<td>• Fruit</td>
<td>• Paper towels</td>
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<tr>
<td>• Cheese slices</td>
<td>• Veggies (with ranch dressing)</td>
<td>• Paper plates</td>
</tr>
<tr>
<td>• Cheese sticks</td>
<td>• Goldfish (whole grain)</td>
<td>• Napkins</td>
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<tr>
<td>• Yogurt</td>
<td>• Tea of all flavors</td>
<td>• Ping pong balls</td>
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<tr>
<td>• Trail mixes</td>
<td>• Honey</td>
<td>• Ping pong paddles</td>
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<tr>
<td>• Jiff Natural Peanut Butter (no HFCS)</td>
<td>• Ramen Noodles</td>
<td>• Beach balls (to play with in the gym)</td>
</tr>
<tr>
<td>• Frozen Pizza</td>
<td>• Tea of all flavors</td>
<td>• AA batteries</td>
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<tr>
<td>• Hummus</td>
<td>• Honey</td>
<td></td>
</tr>
<tr>
<td>• Taco dip</td>
<td>• Fruit juice (no added sugar)</td>
<td></td>
</tr>
<tr>
<td>• Ice cream</td>
<td>• Granola bars (low sugar)</td>
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"How wonderful it is that nobody need wait a single moment before starting to improve the world"

- Anne Frank
Teen-Led, Teen-Driven

"The key to addressing the rising rates of teen suicide, anxiety & depression is connection. All teens are welcome at Alive. We strive to provide them with a safe space to belong and connect while discovering who they are."

-Kandice Henning, Founder & CEO

Our 4 pillars:

Discovery
A supportive and creative environment for teens to discover their own unique gifts and talents

Resiliency
A safe space for teens to build strong coping skills through experience

Leadership
An unstructured space for teens to take appropriate risks to unveil the leader within

Belonging
An inclusive place for teens to connect with others

“What makes you come alive?”

TLTD™
Teen-Led, Teen-Driven

We are a Teen-Led, Teen-Driven (TLTD™) space for teens to create, lead, belong, and discover who they are. Our programs are FREE of charge to make them accessible to everyone.

500 W. 5th Avenue
Naperville, IL 60565
(630) 778-6093
www.alivenaperville.com
email: info@alivenaperville.com
Helping kids come ALIVE!

The Alive Center is one of the first teen centers in the country to support both junior high and high schoolers, both privileged and at-risk, through our unique peer tutoring teen-led, teen-driven model. Our teens learn early in life that they can make a difference. The younger teens and tweens grow up to be the future leaders of Alive.

Our unique programs bring kids together in a welcoming, safe and supervised environment during the critical hours after school and over summer vacation.

EMPOWERMENT is....

Engaging Youth in the SOLUTION
Teaching them to LEAD
Inspiring them to INNOVATE
Building RESILIENCY
Creating CONNECTION
Preparing them for their FUTURE

As Naperville’s only teen center, the Alive Center provides a vital resource. Nowhere else will you find such a range of programming designed to empower teens, foster physical and emotional well-being and inspire personal growth!

"The Teen-Led, Teen-Driven model at the Alive Center is one that allows many to innovate, create, and even learn new skills! It’s a model that produces golden opportunities for many teens."

-Rajveer, NNHS Student