

PE2 Course Syllabus

Mission

To educate students to be self-directed learners, collaborative workers, complex thinkers, quality producers, and community contributors

Course Description ([203 HS Course Description](#))

PE2 Students will engage in a variety of moderate to vigorous physical activities to promote lifelong health and wellness. Experiences will include, but are not limited to, the following: Fitness, Fitness Testing, CPR (NNHS), Team Building, Wall Climbing, Individual and/or Team Games and Aquatics.

Course Standards

Essential Standards:

- Participate daily in moderate to vigorous physical activity while performing movement patterns in a variety of activities. **19.A.4b**
- Participate in various types of fitness training programs (e.g., circuit, cross and interval training) and know the implications of and the benefits from participation in those programs. **20.A.4b**
- Set realistic, short-term, health- related fitness goals based on individual profiles. **20.C.4a**
- Demonstrate decision-making skills both independently and with others during physical activities. **21.A.4a**
Apply identified procedures and safe practices to all group physical activity settings. **21.A.4b**
Students will make ethical and healthy decisions in regards to their personal wellness and create positive relationships with their peers **3A.4a, 3B.4b, & 2B.4b**
- Work cooperatively with others to achieve group goals in competitive and noncompetitive situations (e.g., challenge course, orienteering). **21.B.4a**
- Demonstrate basic procedures in injury prevention and emergency care that can be used in the home, workplace, and community (e.g., first aid, CPR). **22.A.4c**

Social Emotional Learning ([203 SEL Framework](#))

- We at District 203 are dedicated to ensuring you thrive not only in Physical Education but in all aspects of life. Therefore, we will focus on Physical Education Standards as well as Social Emotional Standards this year. Through explicit classroom instruction and content integration opportunities, we will focus on the following SEL standards:

- Grades 9-10
- 1C.4b. Apply strategies to overcome obstacles to goal achievement.
- 3B.4a. Evaluate personal abilities to gather information, generate alternatives, and anticipate the consequences of decisions.

Grading Calculation

At Naperville North we define formative and summative work as follows:

Formative work is used to monitor student's learning to provide ongoing feedback that can be used by students to improve their learning. Examples may include: practice activities, homework, quizzes, etc. Summative work is used to evaluate student learning at the end of an instructional unit or segment of learning by comparing it against a standard or benchmark.

Grades communicate each student's progress toward mastery of goals/standards for the course. Grades should not be reduced or inflated due to student behaviors outside of the standards.

- ☐ No extra credit will be issued.
- ☐ Formative assignments will be accepted up to the end of each unit.
- ☐ A zero on a summative assessment will only indicate that no attempt was made by the student
 - ☐ Violations of the academic integrity policy will be consequence by administration in collaboration with the IC/teacher.
- ☐ Formative work submitted after the due date cannot be penalized more than a total of 10%.
- ☐ Summative work submitted after the due date cannot be penalized more than a total of 10% and must be submitted prior to the end of the next unit.

Coursework = 85%

Daily Engagement 30%

Standard 19(Skills & Knowledge) 30%

Standard 20 (Fitness) 30%

Standard 21 (Teamwork/Team Building) 10%

Final Exam = 15% (Wellness Journal 67%, Final Exam 33%)

Academic Integrity Code

STATEMENT District 203 students are challenged to address the academic process enthusiastically, diligently, and most importantly, honestly. It is the responsibility of our students, teachers, and administration to uphold the fundamental academic values of honesty, responsibility, fairness, respect and trust. The integrity of our district's academic programs is built upon these principles. Academic integrity violations include cheating; plagiarism, self-plagiarism or copy infringement; obtaining or providing an unfair advantage; falsification of documents; unauthorized access to records; and inappropriate collaboration, whether intentional or unintentional. The classroom teacher and administration will collaborate and exercise professional judgment in determining academic integrity violations.

Reassessment Policy

Students will be provided multiple and varied opportunities to demonstrate mastery of learning standards.

- ☐ The purpose of reassessment is to allow students to demonstrate mastery of course standards in which they remain deficient.
- ☐ Students will be required to engage in further learning and reassessment when students do not demonstrate sufficient learning of the course essential standards.
- ☐ Students who have demonstrated sufficient learning of the essential standards (but scored below 80%), will be allowed reassessment opportunities on summative assessments if they so choose. To be eligible for reassessment, students must

- ❑ Demonstrate readiness for the summative assessment through completion of formative work.
- ❑ Complete designated learning experiences as assigned by the teacher
- ❑ Reassessments MUST be completed during the next unit of study.
- ❑ Project-based assessments that include multiple opportunities for feedback and improvement in the assessment process will represent multiple attempts and be considered a reassessment
- ❑ Higher reassessment grades will replace the original assessment score (but will not exceed 80%).

Communication

- Encourage your student to communicate with their teacher regarding questions.
- Teachers make every effort to respond to emails and phone calls within 24 hours during the work week.
- The best way to communicate with teachers is through email; however, if you haven't received a response within 48 hours, please resend the email or call their voicemail. Your email may have been filtered.

Additional Resources for Support

Students contact your teacher through email, Canvas or Remind.

Parents or Guardians

Naperville North believes in a collective partnership with parents/guardians which provides students the best opportunities for success.

Some ways parents/guardians can support their student's learning are:

- Actively check Infinite Campus for their student's grade.
 - o Infinite Campus is a tool to progress monitor student work until final course grade is posted.
 - o Monthly progress grades are posted and represent the current grade of a student in the course at that moment in time.
- Discuss missing assignments, reiterate due dates, help organize folders, materials, assignment notebooks and review upcoming projects and assessments.