

# NNHS Wellness Department

## Contemporary Health Issues Syllabus

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### Mission

To educate students to be self-directed learners, collaborative workers, complex thinkers, quality producers, and community contributors

### Course Description

This semester course may be used to fulfill the graduation requirement or may be taken as an elective. The prerequisite for this class is successful completion of Health Education and their Health teacher's recommendation. This class covers the following topics: Introduction to Teambuilding and Leadership, Consumer Health with a wellness simulation, Personal Growth, Drug Abuse Trends and Prevention, and Sexuality. We believe Health education is an extremely important aspect in the total educational growth of every student and this Contemporary Health Issues Course will help the student continue that growth. In District #203, health education is based on the wellness model, which integrates the physical, mental, emotional, social, spiritual, and environmental dimensions of health in order to promote a healthy lifestyle. Cooperation among the school, home, and community is imperative in providing information and values to promote wellness in every student.

### Course Learning Standards

State Standard 22: Understand principles of health promotion and the prevention and treatment of illness and injury.

State Standard 23: Understand human body systems and factors that influence growth and development

State Standard 24: Promote and enhance health and well-being through the use of effective communication and decision-making skills

### Grading:

#### Overall Semester grade:

The final semester grade will be rounded to the nearest percentage point.

#### Course Grade

COURSEWORK: 85%

Standard 22 = 20%

Standard 23 = 40%

Standard 24 = 40%

FINAL EXAM: 15%

#### Grading Disbursement:

A= 90-100 B= 80-89 C= 70-79 D=60-69 F= <59

## Reassessment Policy

**Summative Assignments:** These assignments must be completed before the end of the following unit.

**Formative Assignments:** Homework is given full credit when submitted by the due date. All late work must be completed by the end of the current unit for a maximum grade of 75% (3 out of 4 on standards based grading scale). Anything turned in after the end of the unit will not be graded unless there are extenuating circumstances.

**Retake Policy (retakes are only on summative work, excluding final exams):**

1. Students are only allowed retakes on tests and quizzes on which they receive a 79% or below.
2. The maximum grade the student can earn on the retake is an 80%.
3. The higher of the two scores will **be** entered in Infinite Campus
4. The retake times and locations are left up to the individual teacher.
5. Students are required to show their unit work and completed Unit Target sheets before eligible for retake.

## Communication

- Teachers make every effort to respond to emails and phone calls within 48 hours during the work week.
- The best way to communicate with teachers is through email; however, if you haven't received a response in 48 hours, please resend the email or call their voicemail. Your email may have gone into "junk" or "spam" folder.

## Help

- Make an appointment with your teacher.
- Attend S.O.S (supervised open study) in the Literacy Center M, W & Th from 3:15 to 4:15.
- Drop in for peer tutor during lunch periods or before school through the Literacy Center.

## Parents or Guardians

We need your help!

- Parents should actively check Infinite Campus for their student's grade.
  - The grades on Infinite Campus will be accurate only at Mid-Quarter and Quarter. Prior to those dates, the grade reflected is fluid.
  - Infinite Campus is a communication tool until final grade is posted.
- Please ask your student about their school work
- Check with your individual teacher for classroom procedures, schedules, and daily class news.