

TO: PARENTS/GUARDIANS OF 8TH GRADE STUDENTS
FROM: NAPERVILLE COMMUNITY DISTRICT 203 HEALTH SERVICES
SUBJECT: **9TH GRADE PHYSICAL EXAMINATION/IMMUNIZATION REQUIREMENTS**
DATE: June, 2025

As your child prepares for the transition to high school, we would like to make you aware of State of Illinois health requirements for all 9th grade students. To speed up the registration process, we ask you to drop off/mail the completed physical form to the main office at the high school by the end of July. If that is not possible, the physical examination, including immunization verification should be submitted to the high school at the time of registration. Registration for 9th grade is August 5, 8am – 11:00am.

DUE TO STATE OF ILLINOIS REGULATIONS, PLEASE KEEP IN MIND THAT ANY MISSING REQUIREMENTS WILL RESULT IN YOUR CHILD BEING EXCLUDED FROM SCHOOL ON OCTOBER 15, 2025.

What is required?

1. Physical Exam recorded on the *State of Illinois Certificate of Child Health Examination* form

- The physical form can be found under “Health Services” on the district website.
- Needs to be completed within 1 year prior to the first day of 9th grade. (August 14, 2025 first day of school).
- Needs to be completed by a licensed physician, advanced nurse practitioner or physician assistant.
- **Health history portion of the physical is to be completed and signed by a parent/guardian.**
- Please ensure your child’s form is fully completed. For example, blood pressure, height, weight, and diabetes screening are sometimes omitted.
- The 9th grade physical may also serve as a sports physical; however, an *IESA/IHSA Pre-Participation Examination* form (sports physical) may **NOT** be used for the 9th grade school physical requirement.

2. Proof of Immunity (Immunizations)

- Specific dates of immunization need to be verified by a licensed health care provider for the following diseases: diphtheria, pertussis, tetanus, polio, measles, mumps, rubella, hepatitis B, varicella, and meningitis.
- Current immunization data for your student may be obtained through the Infinite Campus parent portal. It is recommended that you bring this information with you when visiting your child’s physician. If you require further assistance, please contact your child’s health office.
- If your child was previously exempt from a physical and/or immunizations due to a medical contraindication or religious objection, and the same situation still exists, a new medical exemption letter or Illinois Certificate of Religious Exemption needs to be submitted for approval at the beginning of the school year.

3. Dental Exam

- The dental exam form may be found under “Health Services” on the district website and here: <http://www.idph.state.il.us/healthwellness/oralhlth/dentalexamproof10.pdf>

Medication Policy-

District 203 has a “no carry” medication policy. This policy includes over-the-counter products such as Tylenol, cough syrup, and eye drops. The only exception is inhalers for treatment of asthma, diabetic supplies and epi-pens. We encourage students with inhalers, insulin and epi-pens to keep supplies in the health office as well. For all medications, whether over-the-counter or prescription (including inhalers, epi-pens and diabetic medication), we require a medication form to be completed by the doctor and parent before we can dispense a medication.

Reminder to keep a copy of the physical exam for your records.

It is recommended that, prior to submitting this form, you make a copy of it for your records and one for the school Athletic or Activities office. Ninth grade is the last time students are required to submit a physical examination while in Illinois public schools; therefore, students are encouraged to begin their own health record keeping for their adult life.

Please contact the School Nurses, Pam Seubold or Jo Volkening if you have any questions. NNHS health office: (630) 420.6499, Fax: (630) 420.6515, Email physical to nnhsnurse@naperville203.org