

College & Career Center



Life Skills to Know (Before Leaving High School)

The next chapter of your life brings newfound independence & responsibility. We've gathered some of the best skills you need to know, before heading off into the real world.

Academic

- **Good Study Habits**
- Note Taking Strategies
- Connect with Professors
- Rent/Buy Textbooks
- Ask for Help
- **Use School Resources**
- Follow a College Syllabus

Organization

- **Email Organization**
- Browser Tabs/Groups (Chrome)
- Create a Schedule/Calendar
- Track Internet Accounts/Passwords
- Address a Letter/Package
- Create a Budget
- Make a Doctor Appointment

Personal Stuff

- Time Management
- Keep in Touch with Family/Friends
- Be Punctual
- Eat Healthy
- Live with New Roommates
- **Motivate Yourself**
- Register to Vote
- **Know Your Social Security Number**
- Responsible Credit Card Usage

Professional Stuff

- Write a Professional Email
- **Networking Tips**
- Create a Resume
- Apply for Jobs/Internships
- Set up a Job Interview
- **Dress Professionally**
- Tie a Tie
- Interviewing Skills
- Thank You Notes

Home Care

- Do Laundry
- Iron Clothes
- Sew a Button
- Cook Basic Meals
- Keep a Clean Dorm/Room/Apartment

Transportation

- **Use Public Transit**
- Order an Uber/Lvft/Taxi
- **Book Your Own Flight**
- Change a Tire
- Check your Car's Oil/Fluids



