



Save The Dates!

NCHS Student Services Parent Programs 2019 - 2020

MONDAY, SEPTEMBER 30, 2019

7:00-8:30 P.M.

**HOW TO MOTIVATE, ORGANIZE AND ACHIEVE: HELPFUL
TIPS FOR STUDENT SUCCESS**

**SPEAKER: NCHS EXECUTIVE FUNCTION TEAM
NCHS LITTLE THEATER**

TUESDAY, OCTOBER 29, 2019

7:00-8:30 P.M.

**USING MINDFULNESS TO REDUCE ANXIETY
AND STRESS**

**SPEAKER: TODD MICHAEL FINK
NCHS LEARNING COMMONS**

*******Rescheduled From January*******

MONDAY, APRIL 20, 2020

7:00-8:30 P.M.

**GETTING YOUR TEEN READY TO LAUNCH!
HOW TO PREPARE THEM FOR COLLEGE AND
BEYOND.**

**SPEAKER: DR. DEB DAVERO, PS.D AND GINA
GRAHAM, LCSW
NCHS LITTLE THEATER**



Naperville Central
High School
Social Workers
and
Home and School
are pleased to
present the 2019-20
PARENT SERIES.

*Please join us and
Bring a friend!*

Open to all
District 203 &
the Naperville
Community.

Questions?
Contact NCHS
Social Workers

630-420-6435
630-420-6437