



























**FUSE: Families United in Support** of Equity and Excellence for **African-American Students** 

Co-sponsored by the DuPage County Branch NAACP

#### SATURDAY, SEPT. 8

Dr. Peter James

The High Performer in You: Academic **Recognition Event** 

11:30 a.m., Glenbard South

#### THURSDAY, DEC. 6

Dr. Raquel Wilson, Equity Coordinator and Distinguished Panel Hosted by Equity Student Achievement Committee

Find Your Future at College Night 6 p.m., Marquardt Administration Center

#### **SATURDAY, MARCH 16**

VaLarie Humphrev

Own Your Own Future: Leadership **Recognition Event** 

11:30 a.m., Glenbard West

## **B-PAC/GPS Programs in Spanish**

#### THURSDAY, AUG. 23

Susanna Melon, B-PAC Coordinator The Technology and Training to Help Your Child Thrive 6 p.m., Glenbard North

#### THURSDAY, SEPT. 13

Ercilia Jonas and Dr. Ferney Ramirez Making College Possible Step-by-Step 6 p.m., Glenbard North

#### MONDAY, OCT. 1

Ercilia Jonas

The Challenge of College Costs and FAFSA Completion

6 p.m., Glenbard North

#### THURSDAY, OCT. 18

Dr. Ferney Ramirez

Strategies for Successful Students 6 p.m., Glenbard North

#### THURSDAY, NOV. 15

Dr. Lourdes Ferrer

Grooming for Excellence Academy 6 p.m., Glenbard North

#### THURSDAY, DEC. 6

Dr. Raguel Wilson and Distinguished Panel Hosted by Equity Student Achievement Committee

Find Your Future at College Night 6 p.m., Marguardt Administration Center

#### THURSDAY, DEC. 13

Dr. Ferney Ramirez

Resources to Achieve **Holiday Gathering** 

6 p.m., Glenbard North

#### THURSDAY, FEB. 21

Saraliz Jimenez, Manager, Latino Outreach Center at College of DuPage

Dr. Ferney Ramirez

Prioritizing for Your Child's Success 6 p.m., Glenbard North

#### THURSDAY, MARCH 21

Dr. Ferney Ramirez

Raising Resilient and Confident Children and Teens

Student and Parent Workshop 6 p.m., Glenbard North

# **Program Location Addresses:**

Glenbard North: 990 Kuhn Road, Carol Stream, IL 60188 Glenbard South: 23W200 Butterfield Road, Glen Ellyn, IL 60137

Glenbard East: 1014 S. Main St., Lombard, IL 60148 Glenbard West: 670 Crescent Blvd., Glen Ellvn. IL 60137

CCSD District #93 Administration Center: 230 Covington Drive, Bloomingdale, IL 60108 College of DuPage, McAninch Arts Center: 425 Fawell Blvd., Glen Ellyn, IL 60137

District #15 Marguardt Administration Center: 1860 Glen Ellyn Road,

Glendale Heights, IL 60139

Glen Ellyn Public Library: 400 Duane Street, Glen Ellyn, IL 60137

For questions, contact Gilda Ross at (630) 469-9100 or gilda ross@glenbard.org.

Please visit glenbardgps.org for more information about all GPS programming, videos, schedule updates and parent resources.



Glenbard Township High School District 87

# GLENBARD PARENT SERIES

Navigating Healthy Families



The GPS mission is to facilitate real-world parenting skills that enhance our teens' social and emotional development, encourage responsible decision-making, and promote respect-based relationships. Programs are free and open to the public.



















Join parents with children of all ages and professionals to learn about issues facing today's youth.

**Dr. David Larson**, Superintendent Gilda Ross, Student and Community Projects Coordinator

# CALENDAR OF EVENIS

























#### **AUGUST 2018** SEPTEMBER 2018

# **Back to School Parent**

MONDAY, AUG. 13

and Athlete Night

Ray McElroy A Game Plan for High School Victory

6 p.m., Glenbard North 6 p.m., Glenbard East

6:45 p.m., Ray McElroy presentation begins at Glenbard East

#### TUESDAY, AUG. 14

Doug Petit One Father's Story

6 p.m., Glenbard South 6:30 p.m., Glenbard West

# **GPS Community Read**

WEDNESDAY, AUG. 22

Tim O'Brien, author The Things They Carried 7 p.m., Glenbard West

glenbardparentseries

Glenbard Parent Series

Glenbardparents.blogspot.com

D87 GPS

Connect

### TUESDAY, SEPT. 11

Dr. Michael Duggan

First Class Support for Students on the Autism Spectrum

7 p.m., Glenbard South

#### SATURDAY, SEPT. 15

Frank Palmasani

Conquering the Challenges of College Costs

10:30 a.m., Glenbard West

Kiril Spasovski, Glenbard South Alum The Early Grad Club: Ways to Complete College Quickly

11:30 a.m., Glenbard West

# TUESDAY, SEPT. 25

Dr. Tina Payne Bryson Cultivating Curiosity, Independence and Resilience in your Teen 7 p.m., Glenbard South

#### WEDNESDAY, SEPT. 26

Dr. Tina Payne Bryson

\* The Whole Brain Child

9:30 a.m., Marguardt Administration Center

Cultivating Curiosity, Independence and Resilience in your Teen Noon, Marquardt Administration Center

# **OCTOBER 2018**

#### MONDAY, OCT. 1

FAFSA Completion Assistance

6 p.m., Glenbard North Computer Lab

Patrick Donohue

Five Things Successful Students Do 7 p.m., Glenbard North

#### SATURDAY, OCT. 13

Effie Rouse, Dr. Jeff Feucht and Dr. Ryan Goble The SAT and Bevond

10:30 a.m., Glenbard East

FAFSA Completion Assistance 10:30 a.m., Glenbard East

#### WEDNESDAY, OCT. 17

Heath Expo

6:15 p.m., Glenbard North

Dr. John Medina

Surprising Brain Principles to Thrive and Survive at Work, School and Home

7 p.m., Glenbard North

A community conversation will follow this discussion

# **NOVEMBER 2018**

#### TUESDAY, NOV. 13

Dana Suskind, M.D.

\* Thirty Million Words: Building a Child's Brain

7 p.m., Glen Ellyn Public Library

#### WEDNESDAY, NOV. 14

Ned Johnson and Dr. William Stixrud Self-Driven: The Science of Giving Your Kids More Confidence, Purpose and Control Noon, Marquardt Administration Center 7 p.m., Glenbard West

# DECEMBER 2018

#### **WEDNESDAY, DEC. 5**

Dr. Pete Hall

Self-Care to Foster Resilience in Yourself and Others

7 p.m., Glenbard East

#### TUESDAY, DEC. 11

Todd Fink, Linden Oaks Behavioral Health Generation Worry: Managing Stress through Mindfulness

Noon, CCSD93 Administration Center

# **JANUARY 2019**

#### TUESDAY, JAN. 15

Jodi Norgaard, Founder of Dream Big Toy Company

Persistence, Passion, Grit: Finding your Unique Talent

Noon, CCSD93 Administration Center

#### **TUESDAY, JAN. 29**

Rachel Simmons

Enough as They Are: Helping Teens Move Beyond the Impossible Standards of Success

7 p.m., College of DuPage, McAninch Arts Center

#### WEDNESDAY, JAN, 30

Rachel Simmons

Enough as They Are: Helping Teens Move Beyond the Impossible Standards of Success

Noon, Marquardt Administration Center

\* For parents of children ages 3 to 7

# FEBRUARY 2019

#### FRIDAY, FEB. 8

Dr. Jason Washburn, Amita Behavioral Health Beyond the Blues: Understanding Youth Depression

Noon, CCSD93 Administration Center

#### TUESDAY, FEB. 12

A Day with Katherine Reynolds Lewis \* The Good News About Bad Behavior 9:30 a.m., Marquardt Administration Center

Why Won't Kids Do What You Want? 7 p.m., Glenbard West

#### WEDNESDAY, FEB. 20

Manny Scott

Even On Your Worst Day You Can be Someone's Best Hope

7 p.m., Glenbard East A community conversation will follow this discussion

#### THURSDAY, FEB. 28

Jessica Minahan

Stop Shouting and Start Understanding Children Who Challenge Us

7 p.m., Glenbard South

# **MARCH 2019**

# **WEDNESDAY, MARCH 13**

A Day with Katie Hurley

\* Joyful Children; Peaceful Families 9:30 a.m., Marquardt Administration Center

#### The Happy Kid Handbook: Joyful Teens in Stressful Times

Noon, Marquardt Administration Center 7 p.m., Glenbard North

# **APRIL 2019**

#### THURSDAY, APRIL 4

High Society: Community Conversation on Drug Abuse and What to Do About It Distinguished Panel:

Robert Berlin, DuPage County State's Attorney Matt Quinn, Rosecrance Treatment Center Tim Ryan, Former Addict turned Hope Dealer Dr. Aaron Weiner, Director of Addictions. Linden Oaks Behavioral Health 7 p.m., Glenbard East

#### **WEDNESDAY, APRIL 17**

Dr. Art Markman

The Brain Science and Problem Solving Strategies to Handle High Stakes Testing 7 p.m., Glenbard South

#### THURSDAY, MAY 2

Dr. Jill Walsh

The Good, the Bad and the Confusing: Today's Teen Social Media Landscape

7 p.m., Glenbard South