GLENBARD PARENT SERIES
Navigating Healthy Families

The GPS mission is to facilitate real-world parenting skills that enhance our teens’ social and emotional development, encourage responsible decision-making, and promote respect-based relationships. Programs are free and open to the public.

Program Location Addresses:
Glenbard North: 980 Kuhn Road, Carol Stream, IL 60188
Glenbard South: 23W200 Butterfield Road, Glen Ellyn, IL 60137
Glenbard East: 1014 S. Main St., Lombard, IL 60148
Glenbard West: 670 Crescent Blvd., Glen Ellyn, IL 60137
CCSD District #93 Administration Center: 230 Covington Drive, Bloomingdale, IL 60108
College of DuPage, McAninch Arts Center: 425 Fawell Blvd., Glen Ellyn, IL 60137
District #15 Marquardt Administration Center: 1860 Glen Ellyn Road, Glendale Heights, IL 60139
Glen Ellyn Public Library: 400 Duane Street, Glen Ellyn, IL 60137

For questions, contact Gilda Ross at (630) 469-9100 or gilda_ross@glenbard.org.
Please visit glenbardgps.org for more information about all GPS programming, videos, schedule updates and parent resources.
Join parents with children of all ages and professionals to learn about issues facing today’s youth.

Dr. David Larson, Superintendent
Gilda Ross, Student and Community Projects Coordinator

CALENDAR OF EVENTS

AUGUST 2018
Back to School Parent and Athlete Night
MIXED, AUG. 13
Ray McElroy
A Game Plan for High School Victory
6 p.m., Glenbard North
6 p.m., Glenbard East
6:45 p.m., Ray McElroy presentation begins at Glenbard East

TUESDAY, AUG. 14
Doug Pett
One Father’s Story
6 p.m., Glenbard South
6:30 p.m., Glenbard West

GPS Community Read
WEDNESDAY, AUG. 22
Tim O’Brien, author
The Things They Carried
7 p.m., Glenbard West

SEPTEMBER 2018
Back to School Parent and Athlete Night
MIXED, AUG. 13
Ray McElroy
A Game Plan for High School Victory
6 p.m., Glenbard North
6 p.m., Glenbard East
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SEPTEMBER 2018
TUESDAY, SEP. 11
Dr. Michael Duggan
First Class Support for Students on the Autism Spectrum
7 p.m., Glenbard South

SATURDAY, SEP. 15
Frank Palmasani
Conquering the Challenges of College Costs
10:30 a.m., Glenbard West
Kiri Spasovski, Glenbard South Alum
The Early Grad Club: Ways to Complete College Quickly
11:30 a.m., Glenbard West

TUESDAY, SEP. 25
Dr. Tina Payne Bryson
Cultivating Curiosity, Independence and Resilience in your Teen
7 p.m., Glenbard South

WEDNESDAY, SEP. 26
Dr. Tina Payne Bryson
* The Whole Brain Child
9:30 a.m., Marquardt Administration Center
Cultivating Curiosity, Independence and Resilience in your Teen
Noon, Marquardt Administration Center

OCTOBER 2018
MIXED, OCT. 1
FASFA Completion Assistance
6 p.m., Glenbard North Computer Lab
Patrick Donohue
Five Things Successful Students Do
7 p.m., Glenbard North

SATURDAY, OCT. 13
Effie Rouze, Dr. Jeff Feucht and Dr. Ryan Goble
The SAT and Beyond
10:30 a.m., Glenbard East
FASFA Completion Assistance
10:30 a.m., Glenbard East

WEDNESDAY, OCT. 17
Health Expo
6:15 p.m., Glenbard North
Dr. John Medina
Surprising Brain Principles to Thrive and Survive at Work, School and Home
7 p.m., Glenbard North
A community conversation will follow this discussion

NOVEMBER 2018
TUESDAY, NOV. 13
Dana Suskind, M.D.
* Thirty Million Words: Building a Child’s Brain
7 p.m., Glen Ellyn Public Library

WEDNESDAY, NOV. 14
Ned Johnson and Dr. William Storud
Self-Driven: The Science of Giving Your Kids More Confidence, Purpose and Control
Noon, Marquardt Administration Center
7 p.m., Glenbard West

DECEMBER 2018
WEDNESDAY, DEC. 5
Dr. Pete Hall
Self-Care to Foster Resilience in Yourself and Others
7 p.m., Glenbard East

TUESDAY, DEC. 11
Todd Fink, Linden Oaks Behavioral Health
Generation Worry: Managing Stress through Mindfulness
Noon, CCS93 Administration Center

JANUARY 2019
TUESDAY, JAN. 15
Jodi Norgaard, Founder of Dream Big Toy Company
Persistence, Passion, Grit: Finding your Unique Talent
Noon, CCS93 Administration Center

TUESDAY, JAN. 29
Rachel Simmons
Enough as They Are: Helping Teens Move Beyond the Impossible Standards of Success
7 p.m., College of DuPage, McAninch Arts Center

FEBRUARY 2019
WEDNESDAY, FEB. 6
Dr. Jason Washburn, Anita Behavioral Health
Beyond the Blues: Understanding Youth Depression
Noon, CCS93 Administration Center

TUESDAY, FEB. 12
A Day with Katherine Reynolds Lewis
* The Good News About Bad Behavior
9:30 a.m., Marquardt Administration Center
Why Won’t Kids Do What You Want?
7 p.m., Glenbard West

WEDNESDAY, FEB. 20
Manny Scott
Even On Your Worst Day You Can Be Someone’s Best Hope
7 p.m., Glenbard East
A community conversation will follow this discussion

THURSDAY, FEB. 28
Jessica Minahan
Stop Shouting and Start Understanding Children Who Challenge Us
7 p.m., Glenbard South

MARCH 2019
WEDNESDAY, MARCH 13
A Day with Katie Hurley
* Joyful Children; Peaceful Families
9:30 a.m., Marquardt Administration Center
The Happy Kid Handbook: Joyful Teens in Stressful Times
Noon, Marquardt Administration Center
7 p.m., Glenbard North

APRIL 2019
THURSDAY, APRIL 4
High Society: Community Conversation on Drug Abuse and What to Do About It
Distinguished Panel
Robert Berlin, DuPage County State’s Attorney
Matt Quinn, Rosecrance Treatment Center
Tim Ryan, Former Addict turned Hope Dealer
Dr. Aaron Weiner, Director of Addictions, Linden Oaks Behavioral Health
7 p.m., Glenbard East

WEDNESDAY, APRIL 10
Dr. Markman
The Brain Science and Problem Solving Strategies to Handle High Stakes Testing
7 p.m., Glenbard South

THURSDAY, MAY 2
Dr. Jill Walsh
The Good, the Bad and the Confusing: Today’s Teen Social Media Landscape
7 p.m., Glenbard South

* For parents of children ages 3 to 7