

Return to Learn 2.0

Health and Safety Guidelines

Protocols to Protect Your Health & Safety

Objectives:

- Explain how COVID-19 spreads and the key precautions we can take to mitigate the spread
- Update you on guidance changes from Illinois Department of Health for reducing the spread of COVID-19
- Explain the process for symptom monitoring

Important facts about COVID-19

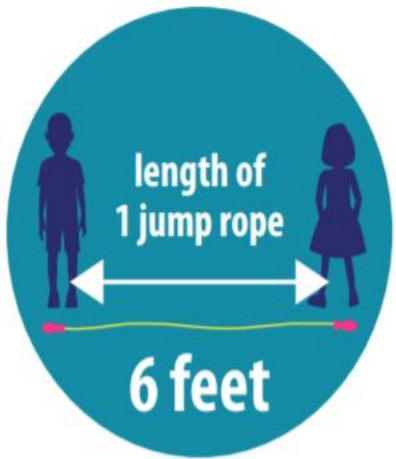
- COVID-19 ***mainly spreads*** from person to person when people are within close contact (6ft or less) of one another.
 - It spreads through the release of small droplets from the nose or mouth when a person coughs, sneezes, sings, or speaks. These droplets can land in the nose or mouth or possibly be inhaled by others.
 - ***Close contact is defined*** as being within 6ft of an infected individual for 15 mins or more ***within 48 hours*** of the person exhibiting symptoms or testing positive
- COVID-19 ***can also be spread*** when the droplets land on objects or surfaces and people touch the object or surfaces and then touch their eyes, mouth or nose with their hands. However, studies show that ***this is not the dominant means of transmission.***
- COVID-19 may spread when a person is not exhibiting any symptoms

Important facts about COVID-19

- The virus that causes COVID-19 is spreading very easily and sustainably between people.
 - spreading more efficiently than influenza, but not as efficiently as measles, which is highly contagious.

The more closely a person interacts with others and the longer the interaction, the higher the risk of COVID-19 spread.

Stop the spread of germs that can make you and others sick!



Keep **6 feet** of space
between you and
your friends



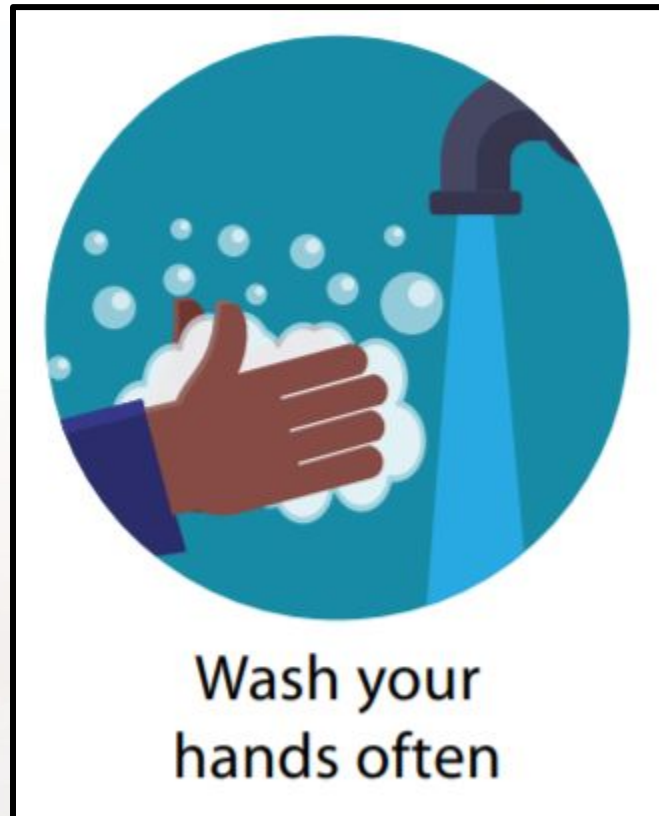
Wash your
hands often



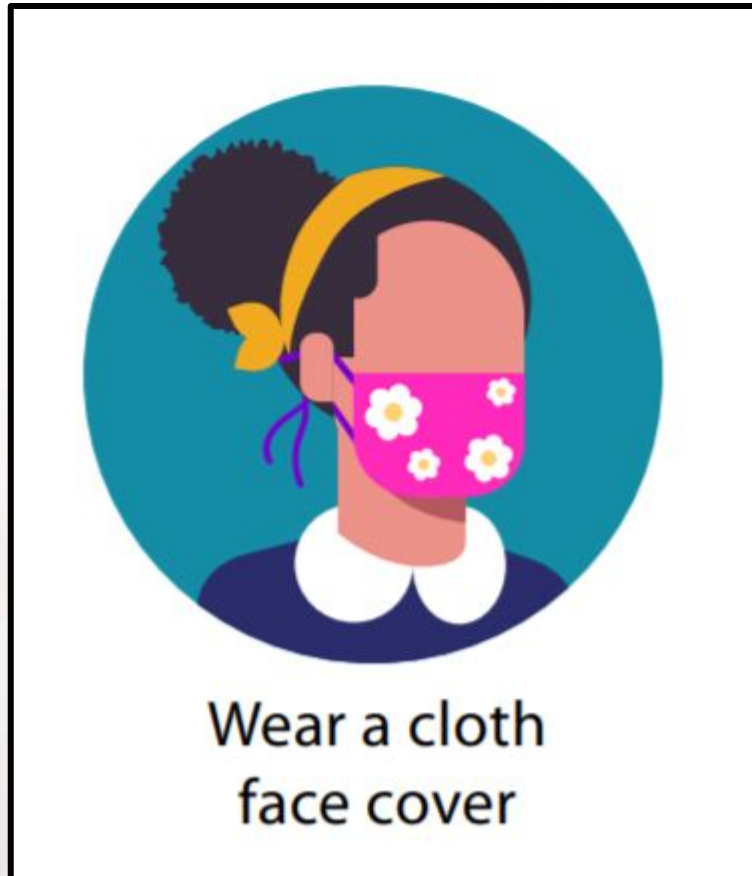
Wear a cloth
face cover



**Symptom
Monitoring**



<https://www.cdc.gov/handwashing/when-how-handwashing.html>



- Face coverings help to keep respiratory droplets from reaching others and reduce the spread of the virus.
- Face coverings should:
 - completely cover your nose and mouth
 - fit snugly but allow you to breath
 - may not have a respiratory valve or vent and
 - cannot be a neck warmer or athletic mask



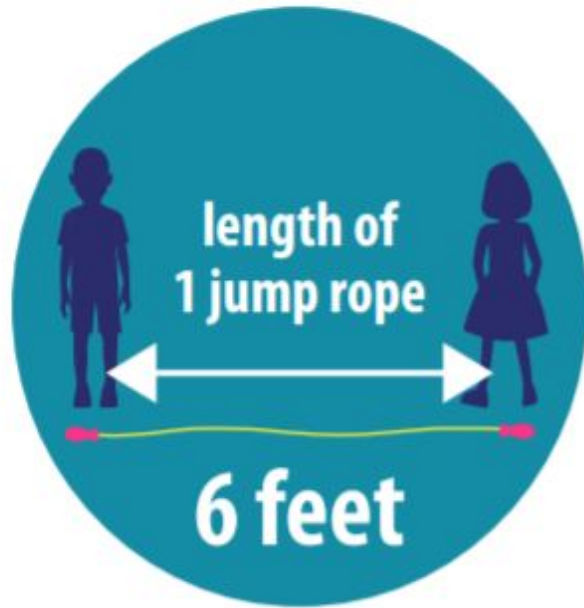
Wear a cloth
face cover



As you remove the mask, pull it away from your face.

Updated Requirements

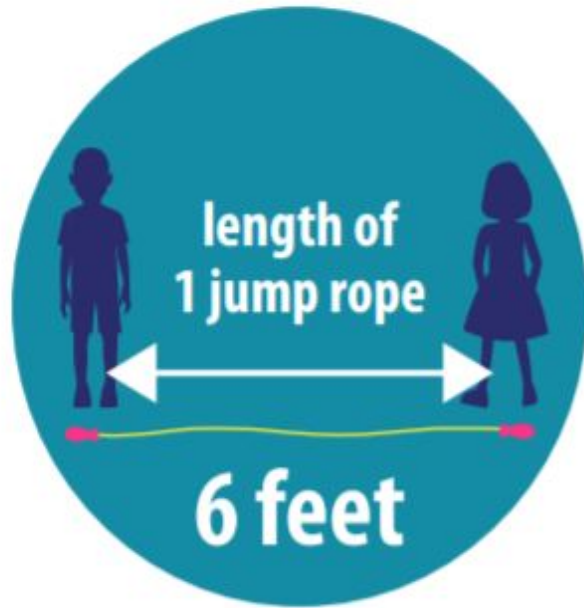
- Illinois State Board of education and the Illinois Department of Health require that a face covering is required at ***ALL times*** when in any district building with only the following exceptions:
 - eating or drinking as long as you are stationary and are able to maintain 6ft of distance from others at all time
 - when alone in a office with the door closed
 - when outside and 6ft of distance can be maintained at all time



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Social Distancing

- Maintain a 6-foot distance from everyone
- Be aware of your surroundings and move out of the way of others
- Follow directional signage
- Do not congregate in common areas



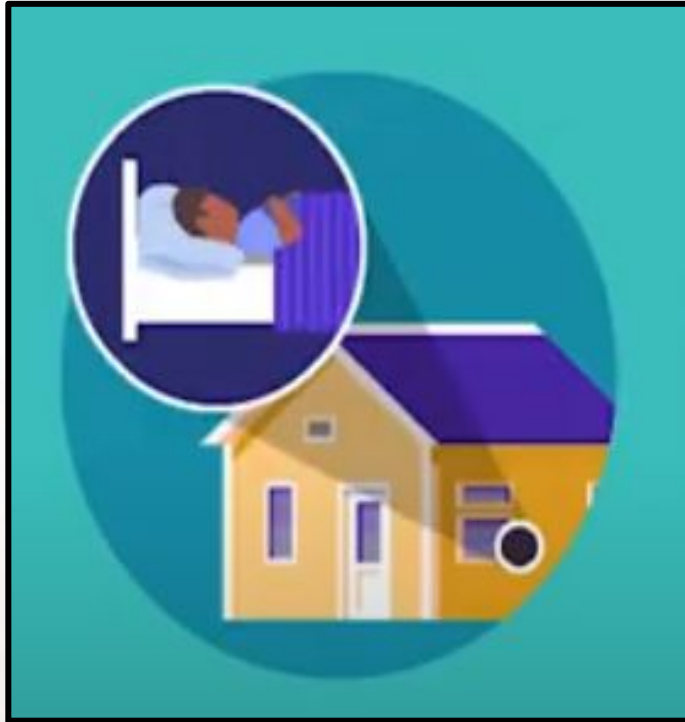
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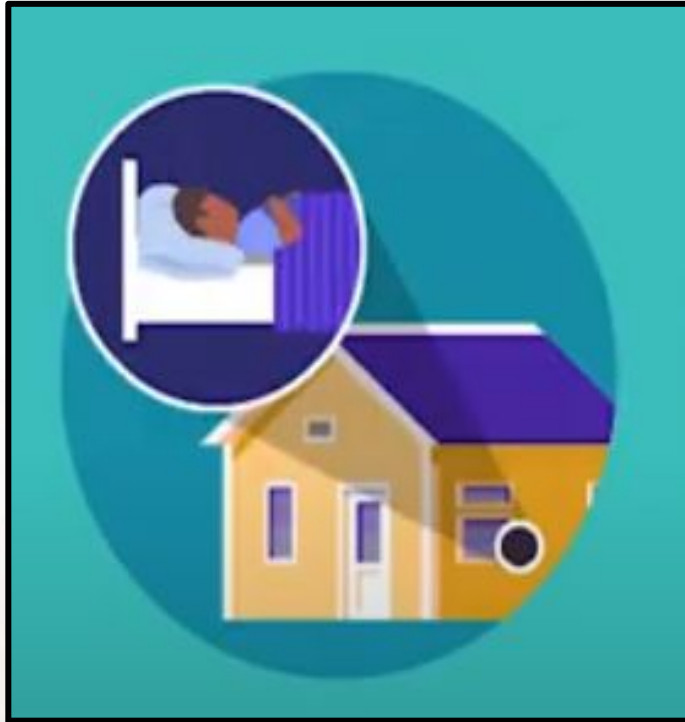
Symptoms of COVID-19

- Fever/Chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle and body aches
- Headache
- Sore throat
- New loss of taste or smell
- Nausea and/or vomiting
- Diarrhea
- Congestion/Runny Nose
- Any other COVID-19 symptoms identified by the Centers for Disease Control (CDC) or Illinois Department of Public Health (IDPH)



Symptom Monitoring

- Prior to arriving at work each day, employees are required to complete a symptom check to ensure they are not experiencing any symptoms of COVID-19
- If you experience any symptoms you must :
 - stay home from work,
 - send an email to your direct supervisor identifying the symptoms you are experiencing and
 - follow all return to work protocols



Symptom Monitoring

- Students will undergo symptom monitoring each morning prior to using D203 transportation or entering a D203 building
- Parents/Guardians will complete symptom check with each child.
 - Parents will email the school nurse if their student is experiencing any symptoms of COVID-19 and follow the return to learn criteria
- Temperature checks will be conducted each morning at student entrances.

Return to School Criteria

COVID-19 Return to School Protocols		
Reason for Exclusion	General Isolation Period	Return to School Criteria
Positive COVID-19 Test with symptoms	10 calendar days (minimum) From the onset of symptoms	1. The individual is fever free for 24 hours without fever-reducing medication AND improvement of symptoms 2. Release from Isolation letter
Positive COVID-19 Test with NO symptoms	10 calendar days from the date of the first positive COVID-19 test	1. Release from Isolation letter
Exhibiting one or more symptoms of COVID-19 w/o diagnostic test, clinical evaluation, or alternative diagnosis	10 calendar days (minimum) from the day of onset of symptoms	1. The individual is fever free for 24 hours without fever-reducing medication AND improvement of symptoms 2. Note from parent/individual certifying above
Exhibiting one or more symptoms of COVID-19 w/ alternative diagnosis	N/A	1. Physician note stating alternative diagnosis OR 2. Negative COVID-19 test
A fever above 100.4 but no other COVID-19 symptoms	24 hours (minimum)	1. Individuals must be fever free without fever-reducing medication, vomiting, and diarrhea.
Close contact with someone who tested positive for COVID-19	14 calendar days From the last contact with the infected person	1. Release from quarantine letter
When one member of the household is being evaluated for COVID-19, the entire household must quarantine	14 calendar days Beginning from the start of the evaluation	1. May return earlier if the suspected case receives an alternative diagnosis or negative test result. 2. Release from quarantine letter.
Travel to a country with a level 3 warning	14 calendar days	1. Note from parent/individual certifying 14 day isolation is complete.

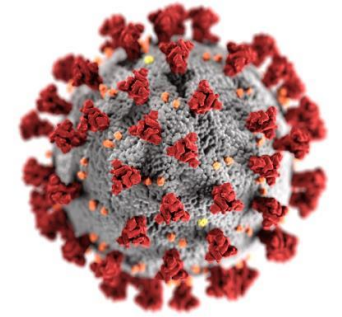
Thank you for
completing the Return
to Learn Health and
safety module.

Don't forget to
complete the
self-certification form
and survey of
completion form!

Thank you!



Naperville 203 Follows Guidance From:



- CDC <https://www.cdc.gov/coronavirus/2019-ncov/>
- IDPH <https://dph.illinois.gov/covid19>
- DCHD www.dupagehealth.org
- State of Illinois <https://coronavirus.illinois.gov/s/>
- ISBE <https://www.isbe.net/covid19>

Naperville 203

Community Unit School District

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