

Local Wellness Policy Triennial Assessment

Schools participating in the National School Lunch Program and/or School Breakfast Program are required to have a Local Wellness Policy. At a minimum, the Local Wellness Policy must be assessed once every three years; this is referred to as the Triennial Assessment. Triennial assessments must determine, for each participating school under its jurisdiction, 1) compliance with the wellness policy, 2) progress made in attaining the goals of the wellness policy, and 3) how the wellness policy compares to model wellness policies.

District Name: Naperville CUSD 203

School Name: All Schools

Date Completed: June 9, 2021

Completed by: Tracey Laflamme

Part I: Content Checklist

Below is a list of items that must be addressed in Local Wellness Policies, based on U.S. Department of Agriculture (USDA) guidance. Check the box for each item included in your Local Wellness Policy. For any box that is not checked, consider taking steps to add the item(s) to the policy in the future. For more information, see [ISBE's Local Wellness Policy Content Checklist](#).

- | | | |
|--|---|---|
| <input type="checkbox"/> Goals for Nutrition Education | <input type="checkbox"/> Nutrition Standards for School Meals | <input checked="" type="checkbox"/> Wellness Leadership |
| <input type="checkbox"/> Goals for Nutrition Promotion | <input type="checkbox"/> Nutrition Standards for Competitive Foods | <input checked="" type="checkbox"/> Public Involvement |
| <input type="checkbox"/> Goals for Physical Activity | <input type="checkbox"/> Standards for All Foods/Beverages Provided, but Not Sold | <input type="checkbox"/> Triennial Assessments |
| <input checked="" type="checkbox"/> Goals for Other School-Based Wellness Activities | <input type="checkbox"/> Food & Beverage Marketing | <input checked="" type="checkbox"/> Reporting |

Part II: Goal Assessment

Input the goals of your Local Wellness Policy into the table below for the corresponding areas: Nutrition Education, Nutrition Promotion, Physical Activity, and Other School-Based Wellness Activities. Indicate if the school is meeting, partially meeting, or not meeting each goal listed. Include any next steps in attaining the goal(s), if applicable. Table rows may be added for additional goals.

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Nutrition Education				
Nutrition education for all grade levels		X		Review at all school levels to see where we can add
Goals for other school based activities			X	Need to activate some programs like TV turn off week
Wellness Leadership		x		We have a base wellness plan but need direction to expand
Public Involvement			X	Need to establish our committee

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Nutrition Promotion				
Provide awareness to make smart choices to our students	X			Continue to update posters, email blasts and website information

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Physical Activity				
Physical education minimum requirements	X			Continue to monitor and ensure all students are getting required PE
Variety of athletic sports offered / available for students to indulge further in physical activity with peers	X			Continue to allow students to participate

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Other School-Based Wellness Activities				
No TV week		X		Need to reinstate more consistently
Cafeteria “try days”			X	Look to implement
Offer outside vendor wellness classes like cooking classes			X	Look to implement

Part III: Model Policy Comparison

Indicate the Model Wellness Policy used for comparison against your Local Wellness Policy. Provide a narrative for each prompt below based on the findings.

[Alliance for a Healthier Generation's Model Wellness Policy](#)

[Rudd Center's WellSAT 3.0](#)

Other: _____

1. What strengths does your current Local Wellness Policy possess?

- Our district offers many Physical education options
- Our food vendor has optimum nutrition standards and is always looking to go beyond the basic requirements

2. What improvements could be made to your Local Wellness Policy?

- Recruitment for committee members
- Work on additional other school based activities to support student health & wellness example clubs, tv turn off week etc.

3. List any next steps that can be taken to make the changes discussed above.

- Due to covid we have had a delay in getting our committees set up