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| **NAPERVILLE CENTRAL HIGH SCHOOL**  **2022-2023 CHEERLEADING TRYOUT INFORMATION** |
| The NCHS Cheerleading program is seeking spirited, dedicated, and hardworking athletes who are interested in cheering for their Redhawks! |

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| **Where & When** | **Wednesday April 13th**  *8th Grade Pre-Tryout Clinic* | 3:30-5:30pm in the **Large café** |
| **Monday April 18th**  *1st day of Clinics* | 3:30-5:30 pm in the **Large café** |
| **Wednesday April 20th**  *2nd day of Clinics* | 3:30-5:30 pm in **Large café** |
| **Friday April 22nd**  *Actual TRYOUT* | 3:30- ?? pm in the **Dance Stage** |

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| **How tryouts will be evaluated** | * Stunts (evaluated by coaches during clinics) * Jumps (single & double toe touch, hurdler, pike, jump to tumble option) * Dance (learned at clinics) * Tumbling skills (show us what you got!!) * Cheer/Voice (learned at clinics) * Showmanship * Overall sharpness and energy |

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| **What to Wear & What to Bring** | * Cheer shoes or gym shoes * Dark shorts and White t-shirt (no tank tops, no writing on the shirt) * No jewelry or gum * Please bring a copy of your updated physical |

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| **Results** | After the judges and coaches calculate the scores, Head Coach Szopinski will leave a message at the following number with the names of the 2022-2023 JV and Varsity squads: **Telephone number to call : 630-579-7646**  **Meeting for new squad members:** A **mandatory** parent and cheerleader meeting will be held Monday, May 2nd at 6:00 pm in the Little Theater. |

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| If you have any questions, please email Coach Szopinski @ [sszopinski@naperville203.org](mailto:sszopinski@naperville203.org) |