



SEL - Seventh Grade

Vocabulary

ethical
 interpersonal
 persist
 risk
 healthy
 metacognition
 pressure
 self-management
 influence
 motivate
 prevent
 vulnerable
 interdependent
 peer pressure
 resist

Typical Skills

- Provide support and encouragement to others in need
- Show respect for others perspective
- Distinguish between positive and negative peer pressure
- Involve themselves in positive activities with peers
- Identify and apply the steps of systematic decision-making
- Define their responsibility for the outcomes involved in safe, risky, and harmful behaviors

Home Connections

- Encourage your child to participate in school activities
- Set clear expectations and stick to them
- Talk through problems, logical consequences, and resolution with your child
- Engage in regular conversations with your child about their emotions, being careful not to tell them how they feel

Eyes Open

- Destructive behavior
- withdrawal from family and friends
- Change in behavior
- Loss of interest in school
- Comments or writings that suggest romanticizing death

Links & Resources

- [Parent Toolkit](http://www.parenttoolkit.com/) (http://www.parenttoolkit.com/)
- [CASEL: Tips for Parent](https://goo.gl/KKMCYk) (https://goo.gl/KKMCYk)
- [SEL: Strategies for Parents](https://www.edutopia.org/social-emotional-learning-parent-resources) (https://www.edutopia.org/social-emotional-learning-parent-resources)
- [Online Pressures and Unhappy Children](https://www.edutopia.org/blog/online-pressures-and-unhappy-children-amy-williams) (https://www.edutopia.org/blog/online-pressures-and-unhappy-children-amy-williams)

Priority Benchmarks

Identify and begin to analyze personal factors that create stress and motivate successful performance.

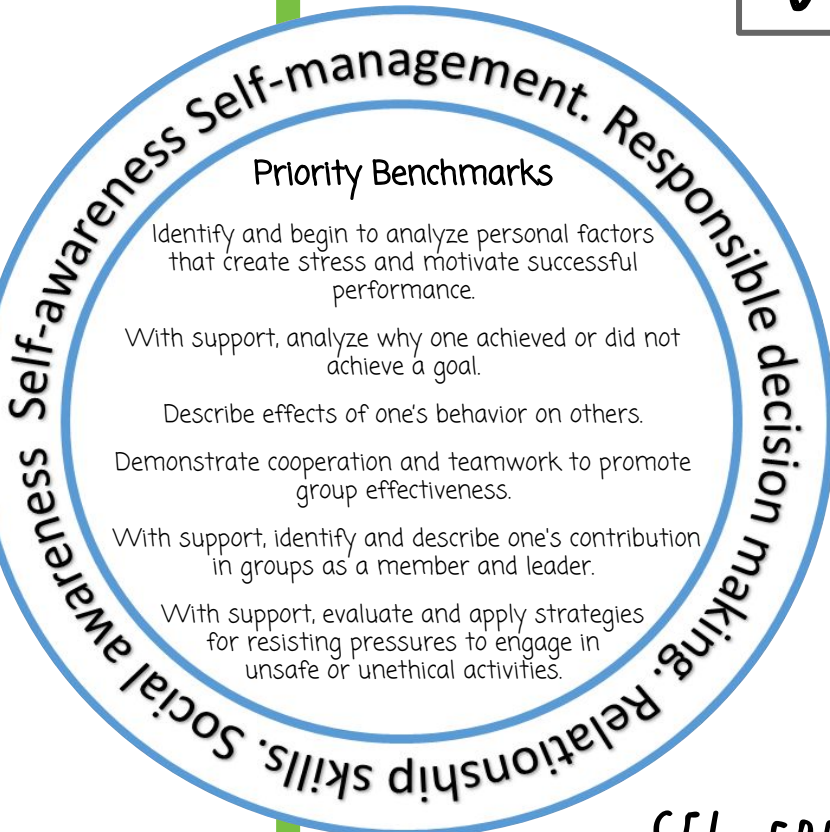
With support, analyze why one achieved or did not achieve a goal.

Describe effects of one's behavior on others.

Demonstrate cooperation and teamwork to promote group effectiveness.

With support, identify and describe one's contribution in groups as a member and leader.

With support, evaluate and apply strategies for resisting pressures to engage in unsafe or unethical activities.



SEL-CELEBRATING STUDENTS IN 2013