



SEL - Sixth Grade

Vocabulary

- Bullying
- Culture
- Diversity
- Ethical
- Healthy
- Interdependent
- Interpersonal
- Metacognition
- Motivate
- Peer Pressure
- Persist
- Precise
- Relationship
- Risk
- Society
- Stress
- Vulnerable

Typical Skills

- Practice reflective thinking
- Identify areas of school and life that are within their control
- Have awareness for where to go for support
- Evaluate the benefits of participating in extracurricular activities
- Recognize outside influences and discern whether those influences are supportive or non-supportive
- Apply goal-setting skills to promote academic success
- Analyze ways their behavior may affect the feelings of others

Home Connections

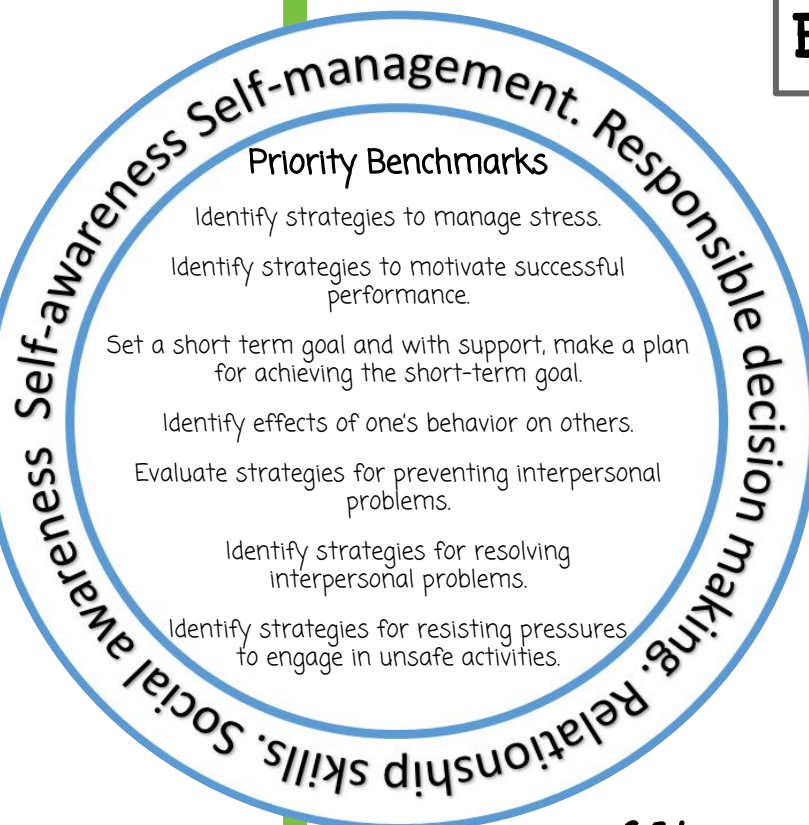
- Encourage your child to participate in school activities.
- Set clear expectations and stick to them.
- Talk through problems, logical consequences, and resolutions with your child.
- Engage in regular conversations with your child about their emotions, being careful not to tell them how they feel

Eyes Open

- Destructive behavior
- withdrawal from family and friends
- Loss of interest in favorite activities
- Excessive worry

Links & Resources

- [Parent Toolkit](http://www.parenttoolkit.com/) (http://www.parenttoolkit.com/)
- [CASEL: Tips for Parent](https://goo.gl/KKMCYk) (https://goo.gl/KKMCYk)
- [SEL: Strategies for Parents](https://www.edutopia.org/social-emotional-learning-parent-resources) (https://www.edutopia.org/social-emotional-learning-parent-resources)
- [Technology at Home: Developing the Social Self](https://www.edutopia.org/blog/technology-home-developing-social-self-douglas-rushkoff) (https://www.edutopia.org/blog/technology-home-developing-social-self-douglas-rushkoff)



SEL-CEBRATING STUDENTS IN 2023