



SEL - Fifth Grade

Vocabulary

ability
 accurate
 flexible thinking
 habit
 monitor progress
 reSolve
 reSponSible
 right
 Self-awareneSS
 situational cue
 Social
 Social-awareneSS

Typical Skills

- DeScribe tone and how it is used to communicate with others
- USE alternative listening skills to foster better communication
- Show an understanding of conflict as a natural part of life
- DeScribe personal qualities that make them SuCCeSSful members of their School or community
- Show skills in handling peer pressure (e.g., calm down, walk away)
- Predict how behavior affects the emotions of others

Home Connections

- Model monitoring progress toward a short-term goal
- Help your child develop routines for completing homework and chores
- Practice reSolving conflicts with your child
- PoSitively reinforce good decisions
- Provide opportunities for your child to support their School or community in meeting a need
- Set clear rules and expectations Increase your child's responsibilities

Eyes Open

- Sudden decrease in School performance
- LoSS of interest in favorite activities or friends
- Sudden changes in weight or sleep habits
- Extended periods of visible sadness

Links & Resources

- [Parent Toolkit-Conversation Starters](http://www.parenttoolkit.com/)
(http://www.parenttoolkit.com/)
- [CASEL](http://www.casel.org) (http://www.casel.org)
- [Developmental "Look Fors"](http://www.parenttoolkit.com/explore-your-toolkit)
(http://www.parenttoolkit.com/explore-your-toolkit)

Priority Benchmarks

Demonstrate ways to express emotions in a socially acceptable manner.

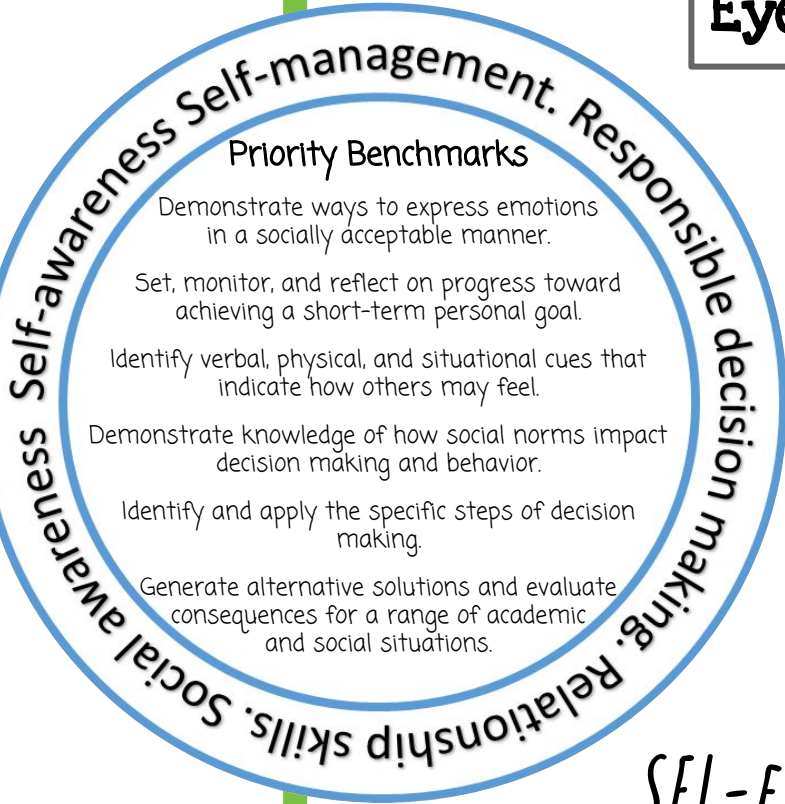
Set, monitor, and reflect on progress toward achieving a short-term personal goal.

Identify verbal, physical, and situational cues that indicate how others may feel.

Demonstrate knowledge of how social norms impact decision making and behavior.

Identify and apply the specific steps of decision making.

Generate alternative solutions and evaluate consequences for a range of academic and social situations.



SEL-EBRATING STUDENTS IN 203