

Junior High Counselors Parent Series Presents:

The Signs of Self Injury



- Refusal to eat
- Cutting or burning
- Pulling out hair

Adolescents face many pressures today, academic, social, and family. Sometimes they feel overwhelmed or depressed and don't know how to deal with their feelings, just wanting the pain to go away. Learn to recognize the signs of self injury and how to get your child help.

Thursday, February 26

7:00-8:30 p.m.

Jefferson JHS

(RSVP not required)



PRESENTER:

Denise M. Styer Psy. D.

Alexian Brothers

**School
& Family
Community
Partnership**
Naperville Community
Unit School District 203