

# Let's Get Ourselves Ready

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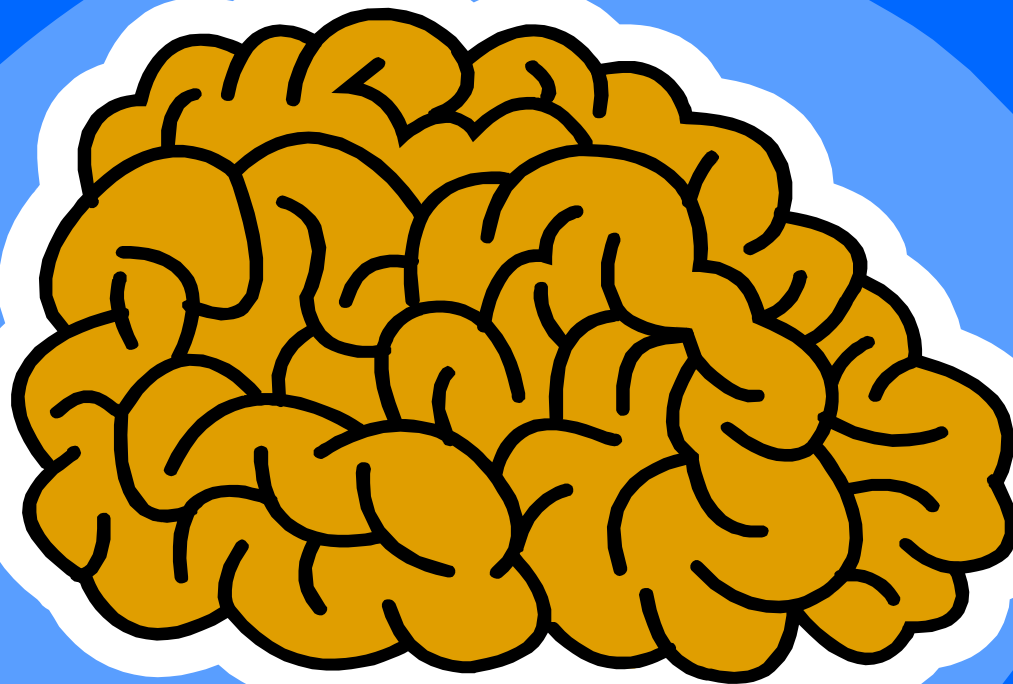
- ▶ Sit in a place that has a hard surface to use for writing.
- ▶ Be in a position where you can do a “Turn and Talk”.
- ▶ There will be times you will work alone, in partners and in triads.

You will need a pencil for our time together.

Expectations: Everyone participates.

Targets: I understand the Power of Yet





Developing GRIT through a Growth Mindset and  
The Power of Yet!

# Think about the word Yet....

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Why is “yet” such a powerful word?

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- ▶ When you show GRIT, you understand that success takes time. You may not know it... **YET!**
- ▶ You may not understand or succeed right away but that doesn't mean you failed...you just haven't got it **YET!**
- ▶ When you are working towards a goal... you are using  
“The Power of Yet!”



# Let's explore Growth Mindset now that we understand the power of YET!

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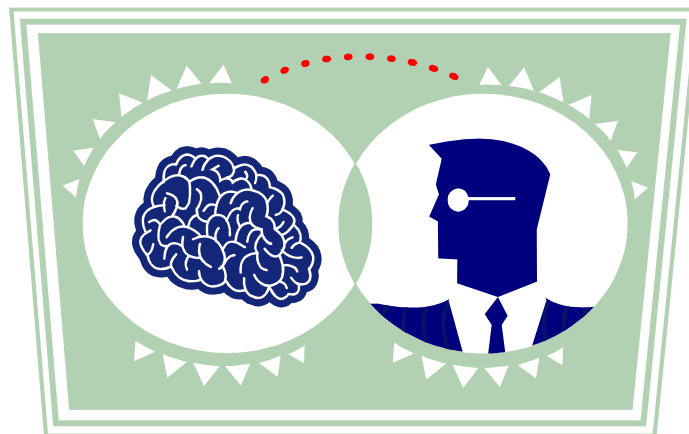
- ▶ What makes you feel smart?



# Do you AGREE or DISAGREE?

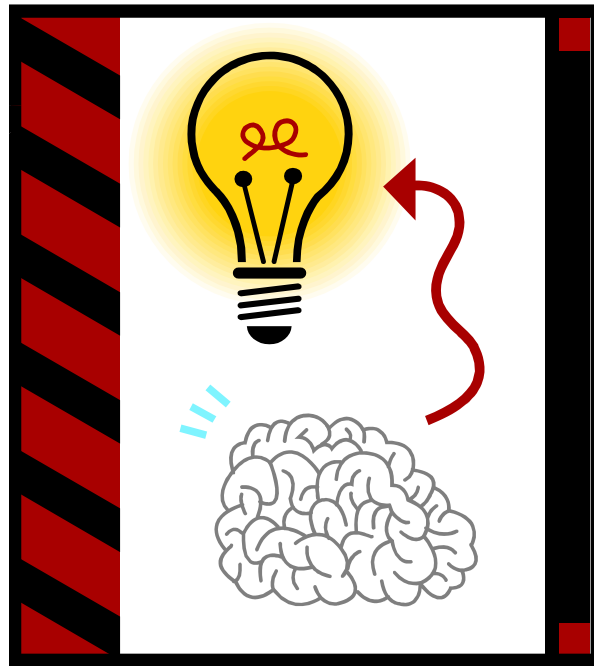
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- ▶ Everyone can learn new things
- ▶ Some kids are born smarter than others
- ▶ We can change how smart we are



# How does this video describe a “**growth mindset**”?

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# Brain Break

Stretch Your Thinking





# Growth Mindset

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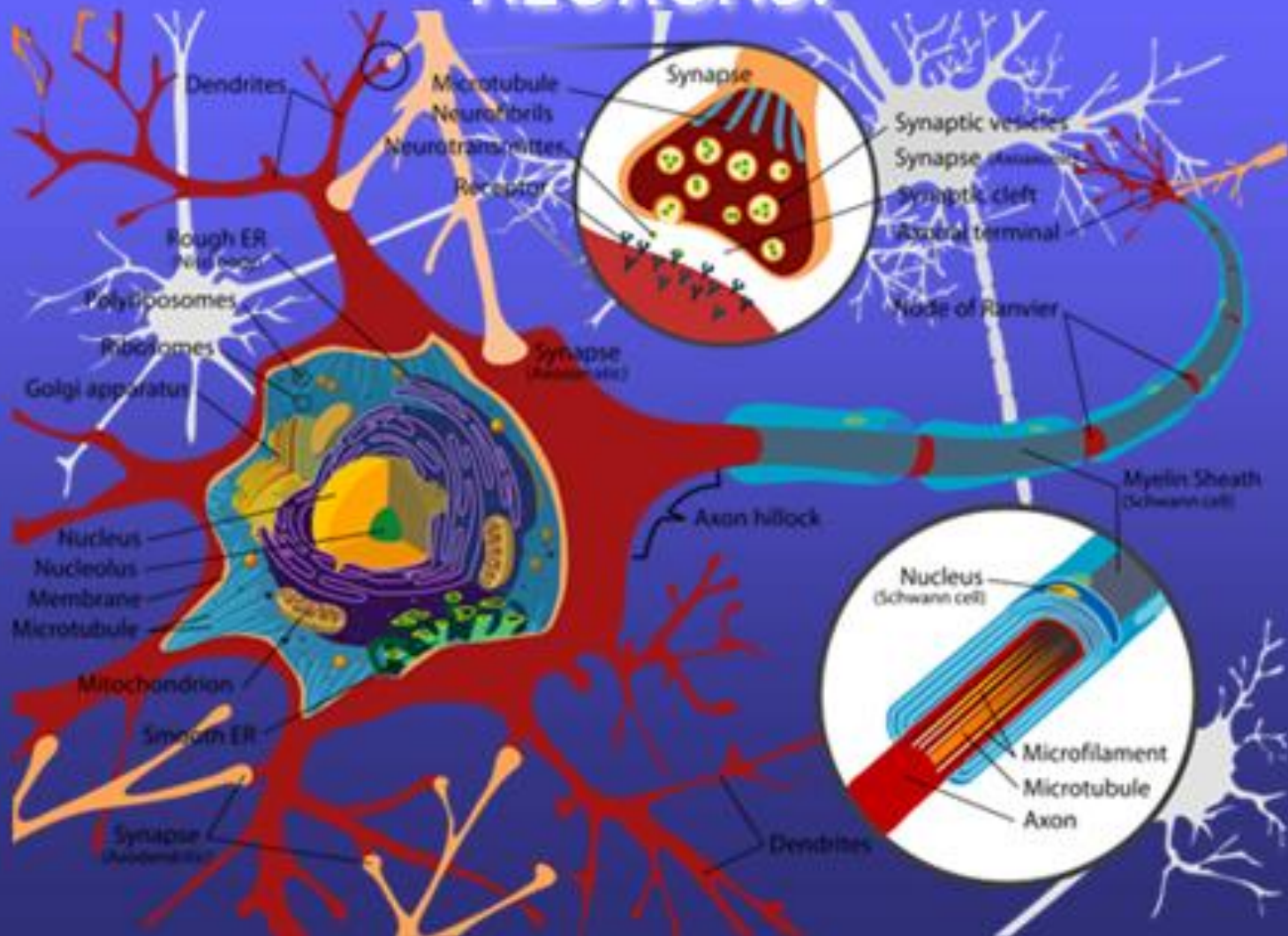
Your brain like a sponge?



What it really looks like...



# The brain is made up of cells called **NEURONS:**





# Neurons are connections in the brain.

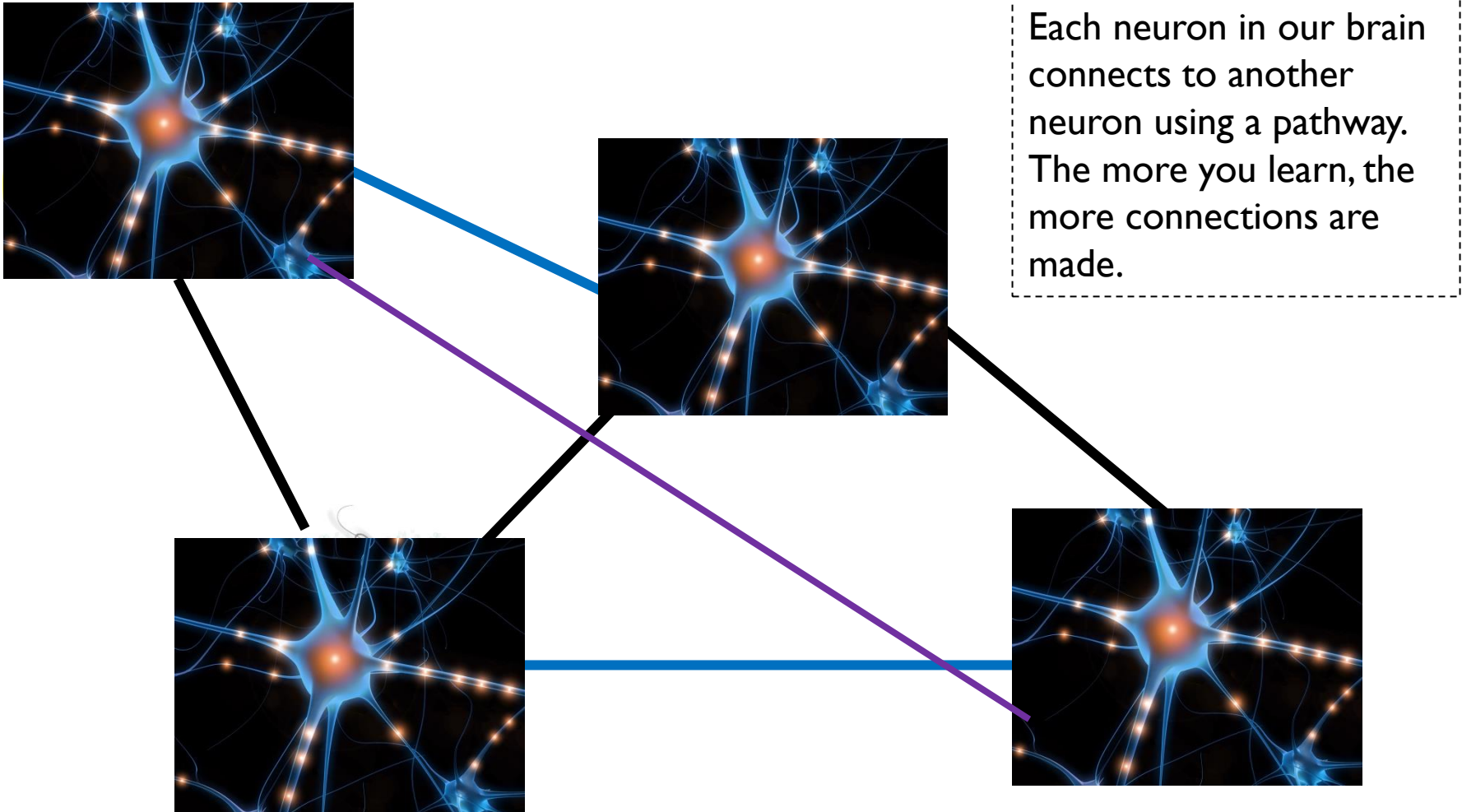


Each place connects to another location using paths. When you learn a new route, a new connection or neuron is made.



# When we learn new things, we make more neurons and our brain grows

“smarter”

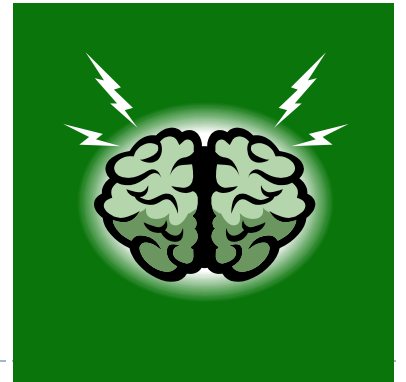




# Review...

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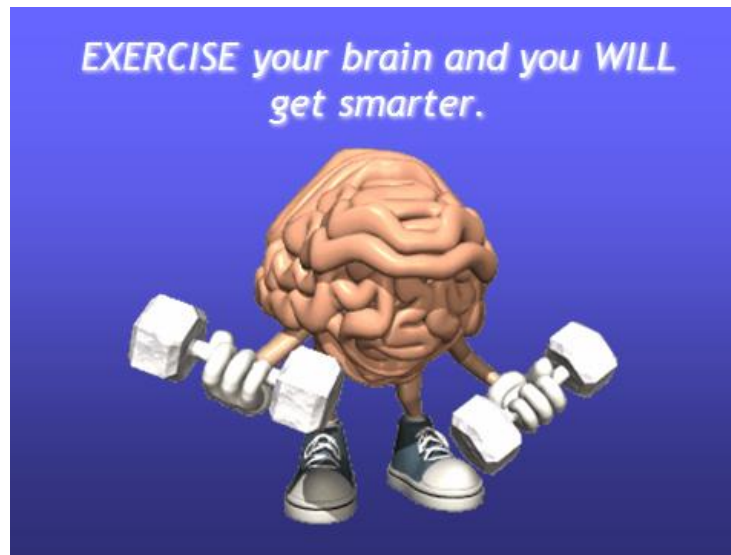
What have we learned  
about the brain so far?



# Your brain is a muscle...

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- ▶ Like all muscles in your body, your brain has to exercise to stay in shape!
- ▶ A growth mindset means you believe you can make your brain smarter by having GRIT and doing hard work!





# Grit = A Growth Mindset and the Power of YET!

Change your words... change your mindset!

Instead of saying



Fixed  
Mindset

Growth  
Mindset

Try saying



- I'm not good at this.
- I give up!
- This is too hard~
- I can't make this any better
- I can't do math
- I made a mistake. I'm doomed
- I'll never be as smart as him or her
- It's good enough
- I give up



- I'm not good at this YET!
- What am I missing?
- I'll use some of the strategies I know.
- I can always improve. What am I missing?
- I'm going to try hard problems to help my brain grow.
- Mistakes help me improve.
- I'm going to figure out what he or she does and do it too.
- Is this really my best work?
- I'm on the right track... I need to keep going