

There have been many cases of colds, stomach viruses and flu in our schools during the past few weeks. This is a reminder that students should remain home until they have been fever free and symptom free without fever reducing medications like Tylenol, for 24 hours. Consulting with a physician about your child if they have a persistent cough, or if your child has symptoms of the flu is advisable. These symptoms can include fever above 100.5 °, but often higher; headache, fatigue, dry cough, running or stuffy nose and muscle aches. Frequent hand washing, using tissues to cover the nose and mouth for sneezes and coughs and disposing of tissues in covered receptacles can help prevent the spread of the flu.

If your child will be taking medicine at school for an illness, including the flu, it is required that the medicine come in the container in which it was purchased, or in a prescription bottle accompanied by a parent and physician permission. The permissions are required for both prescription and over-the-counter medications.

Thank you for your cooperation in helping our school community stay healthy.